

ELK RAPIDS YOUTH SOCCER CAMP 2019

Grades K-7th
Ages 4-13, Boys and Girls

WHEN:

June 10-12th
Mon-Wed
Rain or Shine

TIME:

9-11:30am

WHERE:

Elk Rapids High School

COST:

\$50 payable to
ERHS Girls Soccer

If Registered by May23
T-Shirt guaranteed



DAILY SCHEDULE

9-9:10 Warm up/ Review
9:10-9:15 Introduce Skill
9:15-9:45 Drills
9:45-9:50 Water Break
9:50-9:55 Introduce Skill
9:55-10:25 Drills
10:25-10:30 Water Break
10:30-10:40 Review Skills
10:40-11:15 GAME/Contest
11:15-11:20 Cool Down

EQUIPMENT to Wear/Bring:

T-Shirt
Shorts
Shinguards
Soccer Shoes & Gym Shoes
(please bring both in case
camp is moved to the gym)
Soccer Ball
Water Bottle

*PLEASE make sure all
beongings have NAME on
them

Questions???

Coach Andrea Krakow @
231-392-4900 or email @
andreagkrakow@gmail.com
or fax 231-322-2731



PLEASE turn in this portion
of form with camp fee to
Lakeland, Mill Creek, or CMS
office or to Coach Andrea
Krakow.

NAME _____

Address _____

City _____ Zip _____

Phone _____

Grade _____ Age _____

T-Shirt Size _____

I certify that my child is physically
abel to participate in the strenuous
activity associated with a soccer
camp. I agree that the participant and
I assume the risk of injuries which
may result from participation in camp.
I will accept legal and financial
responsibility that may result from
camp activities. I also understand
that the camp counselors will seek
outside medical care for the
participant should injury or sickness
occur during camp.

Signature of Parent _____

Printed Name _____

Emergency Contact _____

Phone _____

Insurance and # _____